

Schedule Virtual AEA Family Day

September 18, 2021

11:00 am **Opening Remarks**
Caterri Woodrum - CEO AE Alliance

11:05 am **Speedy Greetings**
All

11:30 am **AE Research Update**
Dr. Myrna Rosenfeld – Institute for Biomedical Research of the University of Barcelona, Spain.
Adjunct Professor of Neurology at the University of Pennsylvania , PA, USA

12:15 pm **Meet Lisa!**
Lisa Lauter - AE Survivor

12:25 pm **Service Award Ceremony**
Iswariya Venkataraman, Ph.D. - Associate Director of Scientific Affairs- EUROIMMUN

12:40 pm **Developing Best Practice Recommendations for Autoimmune Encephalitis**
Dr. Hesham Abboud, University Hospitals, OH

1:20 pm **Short Break**

1:30 pm **Connect with Others**
All

2:00 pm **Advocacy 101**
Adrian Palau-Tejeda – Rare Disease Legislative Advocates

2:30 pm **Share your story**
Jessie Cheek and Rachael Bikbov

2:50 pm **Short Break**

3:15 pm **Workshops:**
Managing cognitive challenges after AE
Melissa Jensen, Senior Speech- Language Pathologist, Northwell Health
Mindfulness – Managing your brain health
Heather Sullivan, MindfulGreen
Coping Strategies - Art Therapy to manage anxiety
Bridget Pemberton-Smith, Art Therapy Institute
Coping Strategies - Journaling
Carrie Knowles, Shifting Forward

4:15 pm **A fun Give Away activity**
All

4:45 pm **Closing Remarks**
Bill Gavigan – Chairman AE Alliance